

Wellmobile Screening Schedule

2012



Servicing our community with the support of:



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PEORIA, IL
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For information about Methodist Wellmobile screenings, visit www.MyMethodist.net/events

METHODIST WELLMOBILE SCREENINGS

The Methodist Wellmobile is a massive consumer education program designed to promote healthier living among Central Illinois residents. Our free or low cost screenings, are conducted by caring and trained Methodist Medical Center staff who travel throughout Central Illinois educating members of the community on issues including healthy living, early detection of disease, as well as, disease prevention and treatment.

ANKLE BRACHIAL INDEX:

Through the assessment of blood pressures in both arms and ankles, the Wellmobile is able to determine a person's risk for peripheral artery disease (PAD). This disease causes the narrowing of the arteries to the arms, legs and internal organs, and increases a person's risk for heart attack or stroke. Blood glucose/cholesterol, blood pressure and spirometry are also included with this screening.

Requirements: An 8-12 hour fast is required for the blood glucose/cholesterol portion of the screening. Participant must have clean and dry feet and be able to remove shoes, socks or stockings. No appointment necessary. **Cost:** Free

BLOOD PRESSURE SCREENING

This screening can assess an individual's risk for heart disease or stroke. It is offered as a portion of all other Wellmobile screenings, but may be conducted alone at a number of outdoor and evening screenings.

Requirements: No appointment necessary **Cost:** Free

BLOOD GLUCOSE/CHOLESTEROL SCREENING

This screening requires a small blood sample from the finger. It measures total cholesterol, high density lipoprotein (HDL), low density lipoprotein (LDL), triglycerides levels, the ratio of total cholesterol to HDLs as well as, blood glucose. These factors help to determine an individual's risk for heart attack, stroke and/or diabetes. Blood glucose/cholesterol, blood pressure and spirometry are also included with this screening.

Requirements: An 8-12 hour fast is required for blood glucose/cholesterol portion of the screening. No appointment necessary. **Cost:** Free

HEART SCREENING

This screening includes a full electrocardiogram (EKG), which may detect abnormalities in the rhythm of the heart. These abnormalities may indicate an increased risk for heart attack or heart disease. Blood glucose/cholesterol, blood pressure and spirometry are also included with this screening.

Requirements: An 8-12 hour fast is required for the blood glucose/cholesterol portion of the screening. Participant must be able to remove their shirt for this screening. We recommend wearing a button down shirt. No appointment necessary. **Cost:** \$40.00 cash or check, Exact change is appreciated.

HEEL SCAN SCREENING

This screening is recommended for women over the age of 50. A radiation-free assessment measures an individual's bone mass in comparison to peak female bone mass to determine risk of osteoporosis. Blood glucose/cholesterol, blood pressure and spirometry are also included with this screening.

Requirements: An 8-12 hour fast is required for the blood glucose/cholesterol portion of the screening. Participant must have clean and dry feet and be able to remove shoes, socks or stockings. No appointment necessary. **Cost:** Free

PROSTATE SCREENING

This screening is recommended for men over the age of 50. A blood draw from the arm is analyzed in the lab and results are mailed to the patient. These results indicate a possible risk of Prostate Cancer. Blood glucose/cholesterol, blood pressure and spirometry are also included with this screening.

Requirements: An 8-12 hour fast is required for the blood glucose/cholesterol portion of the screening. No appointment necessary. **Cost:** \$25.00 cash or check. Exact change is appreciated.

SPIROMETRY SCREENING

This screening tests pulmonary function of the lungs to determine an individual's risk for emphysema, Chronic Obstructive Pulmonary Disease (COPD) or other related diseases of the lungs. Spirometry is included with all other Wellmobile screenings.

Requirements: An 8-12 hour fast is required for the blood glucose/cholesterol portion of the screening. Must be under age 80 to participate. **Cost:** Free

www.MyMethodist.net



Screenings are subject to change without notice, due to weather issues, lack of participants, conflicts with the hosting facility or other factors beyond our control. We apologize for any inconvenience this may cause.

BLOOD GLUCOSE/CHOLESTEROL SCREENING

January 4 Methodist Medical Group at Lacon
 January 9 Methodist Medical Center Café I and II
 January 10 Methodist at Morton
 January 11 Methodist North at Allen Road
 January 14 Methodist Atrium Building
 January 16 Methodist East Campus Building Lobby
 January 19 Methodist Medical Group at Canton
 January 24 Methodist Family Medical Center
 January 26 Methodist Medical Group at Metamora
 February 1 Methodist Medical Group Internal Medicine
 February 8 Methodist MedPointe at Peoria
 February 13 Methodist Medical Group at Chillicothe
 February 17 Methodist Medical Group at Farmington
 February 20 Methodist Medical Group at Washington
 February 23 Methodist Medical Group at Peartree
 February 28 Methodist Medical Group at East Peoria
 March 2 Methodist at Pekin
 March 7 Methodist Center For Integrative Medicine
 March 8 Methodist Medical Group Internal Medicine at South Jefferson
 March 10 Methodist Atrium Building
 March 14 Methodist Medical Group Internal Medicine at Dunlap
 March 20 Methodist Medical Group at Princeville
 March 22 Methodist Medical Group at North Knoxville
 March 27 Methodist Medical Group at Sterling
 April 4 Methodist Medical Group at Lacon
 April 9 Methodist Medical Center Café I and II
 April 10 Methodist at Morton
 April 11 Methodist North at Allen Road
 April 16 Methodist East Campus Building Lobby
 April 19 Methodist Medical Group at Canton
 April 24 Methodist Family Medical Center
 April 26 Methodist Medical Group at Metamora
 May 2 Methodist Medical Group Internal Medicine
 May 9 Methodist MedPointe at Peoria
 May 12 Methodist Atrium Building
 May 14 Methodist Medical Group at Chillicothe
 May 18 Methodist Medical Group at Farmington

May 21 Methodist Medical Group at Washington
 May 24 Methodist Medical Group at Peartree
 May 29 Methodist Medical Group at East Peoria
 June 1 Methodist at Pekin
 June 6 Methodist Center for Integrative Medicine
 June 13 Methodist Medical Group Internal Medicine at Dunlap
 June 14 Methodist Medical Group Internal Medicine at South Jefferson
 June 19 Methodist Medical Group at Princeville
 June 26 Methodist Medical Group at Sterling
 June 28 Methodist Medical Group At North Knoxville
 July 3rd* Methodist Medical Group at Lacon
 July 9 Methodist Medical Center Café I and II
 July 10 Methodist at Morton
 July 11 Methodist North at Allen Road
 July 14 Methodist Atrium Building
 July 16 Methodist East Campus Building Lobby
 July 19 Methodist Medical Group at Canton
 July 24 Methodist Family Medical Center
 July 26 Methodist Medical Group at Metamora
 August 1 Methodist Medical Group Internal Medicine
 August 8 Methodist MedPointe at Peoria
 August 13 Methodist Medical Group at Chillicothe
 August 17 Methodist Medical Group at Farmington
 August 20 Methodist Medical Group at Washington
 August 23 Methodist Medical Group at Peartree
 August 28 Methodist Medical Group at East Peoria
 September 5 Methodist Center for Integrative Medicine
 September 7 Methodist at Pekin
 September 8 Methodist Atrium Building
 September 12 Methodist Medical Group Internal Medicine at Dunlap
 September 13 Methodist Medical Group Internal Medicine at South Jefferson
 September 18 Methodist Medical Group at Princeville
 September 25 Methodist Medical Group at Sterling
 September 27 Methodist Medical Group at North Knoxville
 October 3 Methodist Medical Group at Lacon
 October 8 Methodist Medical Center Café I and II

October 9 Methodist at Morton
 October 10 Methodist North at Allen Road
 October 15 Methodist East Campus Building Lobby
 October 18 Methodist Medical Group at Canton
 October 25 Methodist Medical Group at Metamora
 October 30 Methodist Family Medical Center
 November 7 Methodist Medical Group Internal Medicine
 November 10 Methodist Atrium Building
 November 12 Methodist Medical Group at Chillicothe
 November 14 Methodist MedPointe at Peoria
 November 16 Methodist Medical Group at Farmington
 November 19 Methodist Medical Group at Washington
 November 27 Methodist Medical Group East Peoria
 November 29 Methodist Medical Group at Peartree
 December 5 Methodist Center for Integrative Medicine
 December 7 Methodist at Pekin
 December 12 Methodist Medical Group Internal Medicine at Dunlap
 December 13 Methodist Medical Group Internal Medicine at South Jefferson
 December 18 Methodist Medical Group at Princeville
 December 21* Methodist Medical Group at Sterling
 December 27 Methodist Medical Group at North Knoxville

ANKLE BRACHIAL INDEX

January 11 Methodist North at Allen Road
 February 28 Methodist Medical Group at East Peoria
 March 8 Methodist Medical Group Internal Medicine at South Jefferson
 April 10 Methodist at Morton
 May 14 Methodist Medical Group at Chillicothe
 June 19 Methodist Medical Group at Princeville
 July 19 Methodist Medical Group at Canton
 August 20 Methodist Medical Group at Washington
 September 5 Methodist Center for Integrative Medicine
 October 25 Methodist Medical Group at Metamora
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 December 12 Methodist Medical Group Internal Medicine at Dunlap

HEART

January 4 Methodist Medical Group at Lacon
 February 17 Methodist Medical Group At Farmington
 March 2 Methodist at Pekin
 April 11 Methodist North at Allen Road
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 June 13 Methodist Medical Group Internal Medicine at Dunlap
 July 10 Methodist at Morton
 August 17 Methodist Medical Group at Farmington
 September 25 Methodist Medical Group at Sterling
 October 18 Methodist Medical Group at Canton
 November 19 Methodist Medical Group at Washington
 December 7 Methodist at Pekin

HEEL SCAN

January 24 Methodist Family Medical Center
 February 23 Methodist Medical Group at Peartree
 March 22 Methodist Medical Group at North Knoxville
 April 4 Methodist Medical Group at Lacon
 May 2 Methodist Medical Group Internal Medicine
 June 6 Methodist Center for Integrative Medicine
 July 26 Methodist Medical Group at Metamora
 August 8 Methodist MedPointe at Peoria
 September 8 Methodist Atrium Building
 October 9 Methodist at Morton
 November 12 Methodist Medical Group at Chillicothe
 December 18 Methodist Medical Group at Princeville

PROSTATE

January 14 Methodist Atrium Building
 February 1 Methodist Medical Group Internal Medicine
 March 20 Methodist Medical Group at Princeville
 April 19 Methodist Medical Group at Canton
 May 9 Methodist MedPointe at Peoria
 June 14 Methodist Medical Group Internal Medicine at South Jefferson
 July 24 Methodist Family Medical Center
 August 28 Methodist Medical Group at East Peoria
 September 27 Methodist Medical Group at North Knoxville
 October 3 Methodist Medical Group at Lacon
 November 16 Methodist Medical Group at Farmington
 December 21* Methodist Medical Group at Sterling

**ALL SCREENINGS ARE FROM
 8:30 A.M. – 11:30 A.M.**

**Methodist Medical Group Internal Medicine
 at South Jefferson**
 2127 S Jefferson, Peoria
Methodist MedPointe at Peoria
 8914 N Knoxville Ave., Peoria
Methodist North at Allen Road
 2338 West Sud Parkway, Peoria

LOCATIONS:

Methodist at Morton
 1909 N Morton Ave, Morton
Methodist at Pekin
 1800 Broadway, Pekin
Methodist Atrium Building
 900 Main St., Peoria
Methodist Center for Integrative Medicine
 9010 N Allen Rd., Peoria
Methodist East Campus Building
 415 St. Mark Court, Peoria
Methodist Family Medical Center
 815 Main St., Peoria
Methodist Medical Center
 221 NE Glen Oak Ave., Peoria

Methodist Medical Group at Canton
 2076 N Main St., Canton
Methodist Medical Group at Chillicothe
 525 Sweetbriar, Chillicothe
Methodist Medical Group at East Peoria
 200 River Rd., East Peoria
Methodist Medical Group at Farmington
 158 E Fulton St., Farmington
Methodist Medical Group at Lacon
 1112 Fifth St., Lacon
Methodist Medical Group at Metamora
 901 W Walnut, Metamora
Methodist Medical Group at North Knoxville
 7725 N Knoxville, Peoria

Methodist Medical Group at Peartree
 6831 Peartree Ln., Peoria
Methodist Medical Group at Princeville
 223 E Main St., Princeville
Methodist Medical Group at Sterling
 3335 N Sterling Ave., Peoria
Methodist Medical Group at Washington
 205 N Cummings Ln., Washington
Methodist Medical Group Internal Medicine
 2709 N Knoxville, Peoria
Methodist Medical Group Internal Medicine at Dunlap
 10322 N Juliet Court, Peoria